

AYANA SPA

at Ajax Hotel

The Art of Well Being



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an experience beyond your expectations

Welcome to Ayana Spa

Ayana Spa, located in the heart of Limassol at the exquisite Ajax Hotel reflects a particularly beautiful atmosphere that makes every experience unforgettable. The modern state-of-the-art facilities and the raw materials inspired by traditional Japanese influences, highlight the well-being holistic philosophy in a luxurious refined ambience.

We invite you to discover the world's leading well-being solutions to beauty & health therapies, submerged by rituals from all over the world, from European to Asian cultures, and new exclusive range of signature oriental virtuals. The spa is complemented by the sumptuous spa facilities featuring an indoor vitality pool, thermal suite with a Finnish sauna & steam bath and a state-of-the-art jacuzzi.

The team at Ayana Spa is specialized in the fields of cosmetology, physiotherapy and spa therapies for unrivaled experiences inspired by the art of hospitality.

The hair salon of Ayana Spa, offers a unique ambience and the latest services in hair designs.

The gym, featuring leading equipment and professional trainer, is offering fitness and rehabilitation program dedicated to privileged members.



OUR SPA
Practical Advice & Policies

Information

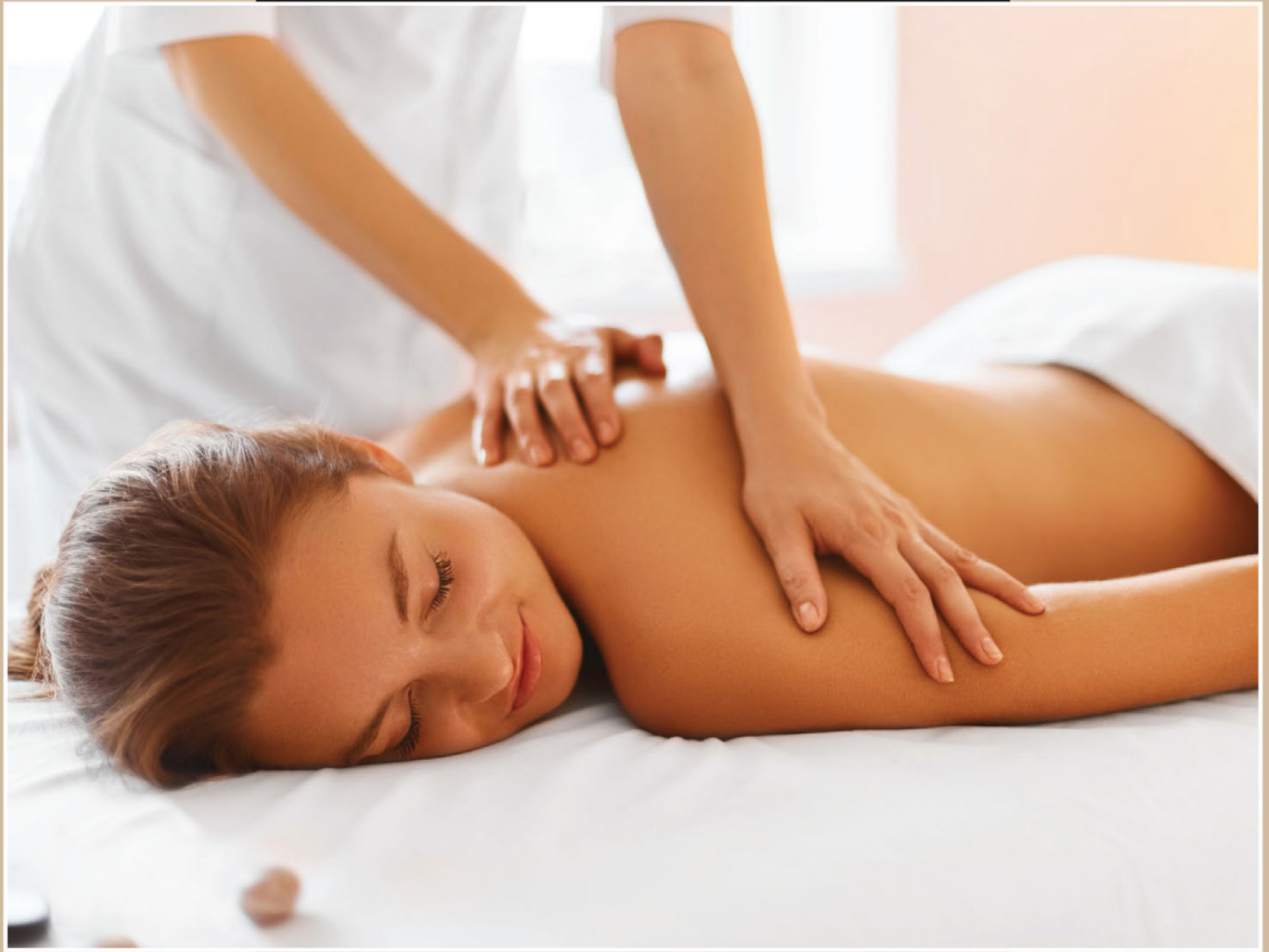
When visiting our spa, for safety, please ensure that you leave all your belongings in your room safe or in your assigned locker at the spa.

Bathrobes, slippers and disposable underwear will be provided.

We recommend that you drink lots of water during your spa program to help accelerate the elimination of toxins. Please shower prior to your visit at the Spa - for massages, body treatments and foot-care treatments. Some treatments are not recommended for pregnant women or for those with specific medical issues. Please remember to inform your therapists in order to adapt your treatments accordingly.

Cancellation Policy: please note 24 hours prior notice should be given in the event of a cancellation. If notice is not provided 100% of the treatment value will automatically be charged.

Spa services and amenities are not available to children under the age of 16



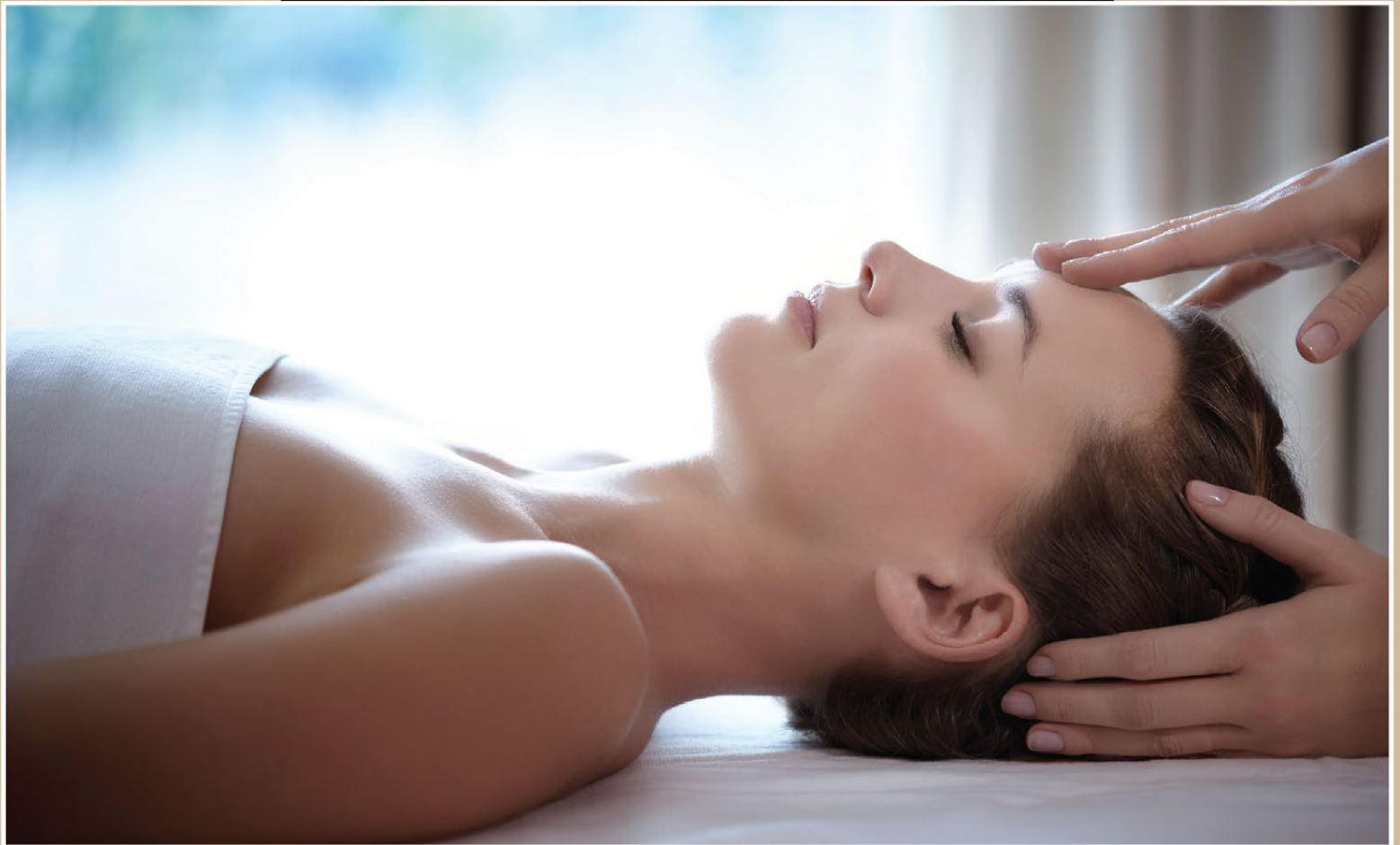
The Art of Phytomer Spa Treatments

Iconic skin care treatments for face and body, invigorating wellness for the mind and senses, a wide range of rituals inspired by a wealth of resources from the Brittany coast in France and over 40 years of experience in the most respected salons and spas around the world.

The name Phytomer means “plants of the sea”. The company is based in Saint-Malo, France and has been involved in safe and healthy skin care for beauty through “Marine Cosmetics” for over 35 years. It became the first cosmetic brand in the world to transpose marine deposits to modern cosmetology and has a commitment to sustainable development (environmental, social and economic behaviour) by considering impact of using the ingredients from the coast of Brittany.

Phytomer has harnessed the healing powers of the sea providing a variety of face and body treatments tailored to the needs of the individual client.

PHYTOMER

FACIAL TREATMENTS

Facial Treatments

EXPRESS FACIAL - 30 min

This express facial treatment is formulated to offer maximum beauty results and well-being in minimal time. Suitable for all skin types. The treatment cleanses, exfoliates and hydrates your skin for immediate results.

EXTENDED YOUTH Wrinkle Correction Firming Treatment - 60 min

3 Key steps in an ultra-effective treatment to resurface the skin, fill wrinkles and restructure the face. In a single treatment your wrinkles are visibly corrected, leaving your skin firm.

WHITE LUMINATION For Complexion - Dark Spots - Wrinkles - 60 min

A pure white second skin mask that combines brightening powers with purifying properties of algae for a fresh and radiant skin.

CYFOLIA Plumping Moisturizing Treatment - 60 min

A complete treatment for face, eyes and décolleté using the purest most effective certified organic facecare. Essence skincare combines the pleasure of use and effectiveness for women everywhere in search of hydration, radiance and relief.

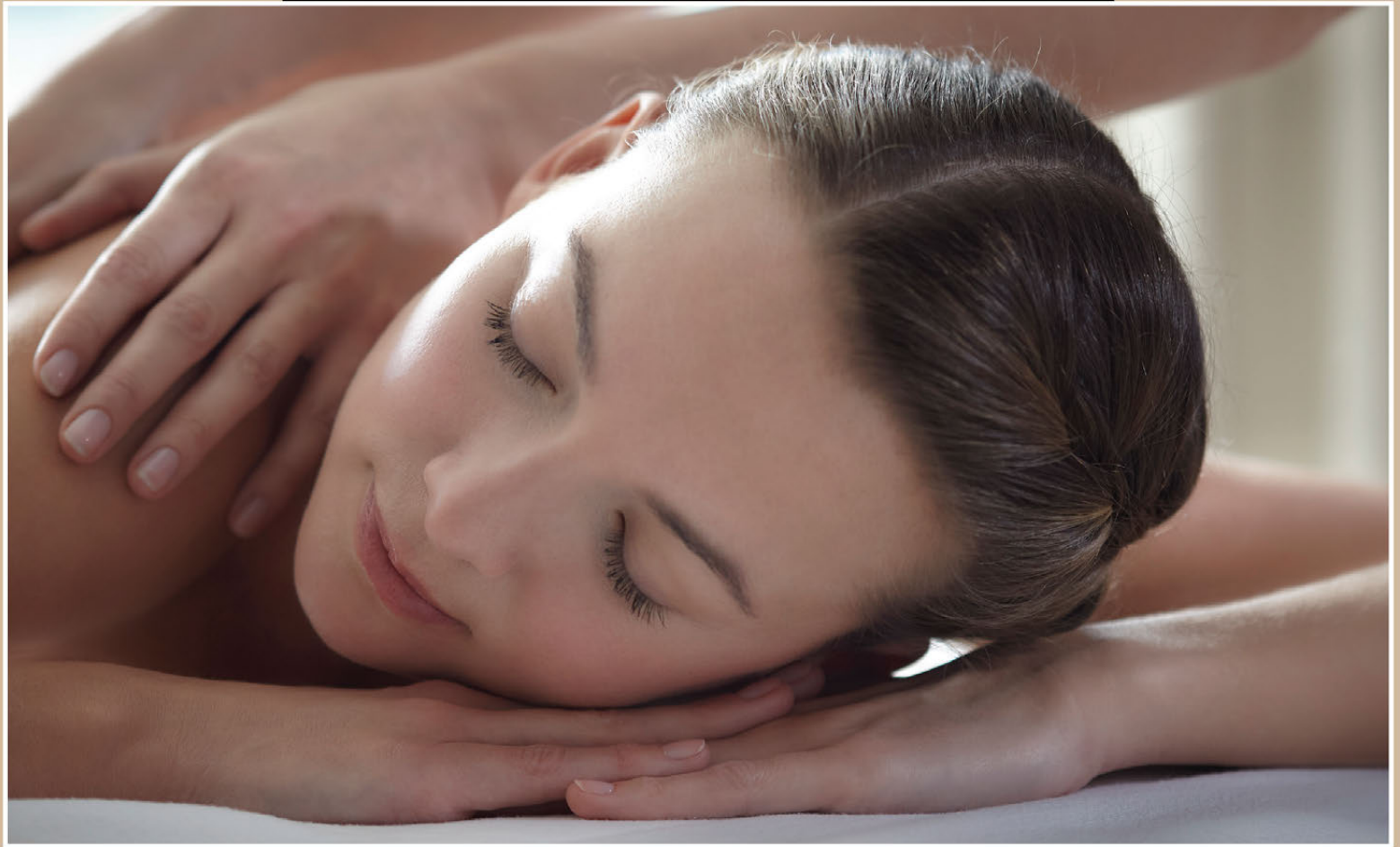
EYE PERFECTION Radiance Smoothing Eye Treatment - 30 min

An ultra-comprehensive treatment for sparkling, “young-looking eyes”. The treatment helps to combat bags and dark circles, hydrating and improving the skin using exclusive massage techniques.

Add on any facial treatment the LED light phototherapy mask and get the maximum results of your treatment.

LED Light Therapy - 30 min

LED light therapy has been clinically proven for the safe and effective treatment of an array of skin conditions, including acne, inflammation and hyperpigmentation, and has been widely shown to improve both the visible appearance of skin aging and to slow the aging process on a cellular level.



BODY TREATMENTS

Body Treatments

SCULPT ZONE Treatment for Abs-Buttocks-Thighs - 60 min

An intensive heating wrap and massage on the Abdomen-Buttocks-Thighs area to beat your excess fat and cellulite in record time. With an express treatment or intensive program, you will get radical slimming results and more than 1 cm less in waist circumference in only 4 treatments*.

*Centimeter measurements taken on 19 women who received 4 treatments in 2 weeks. Average values obtained.

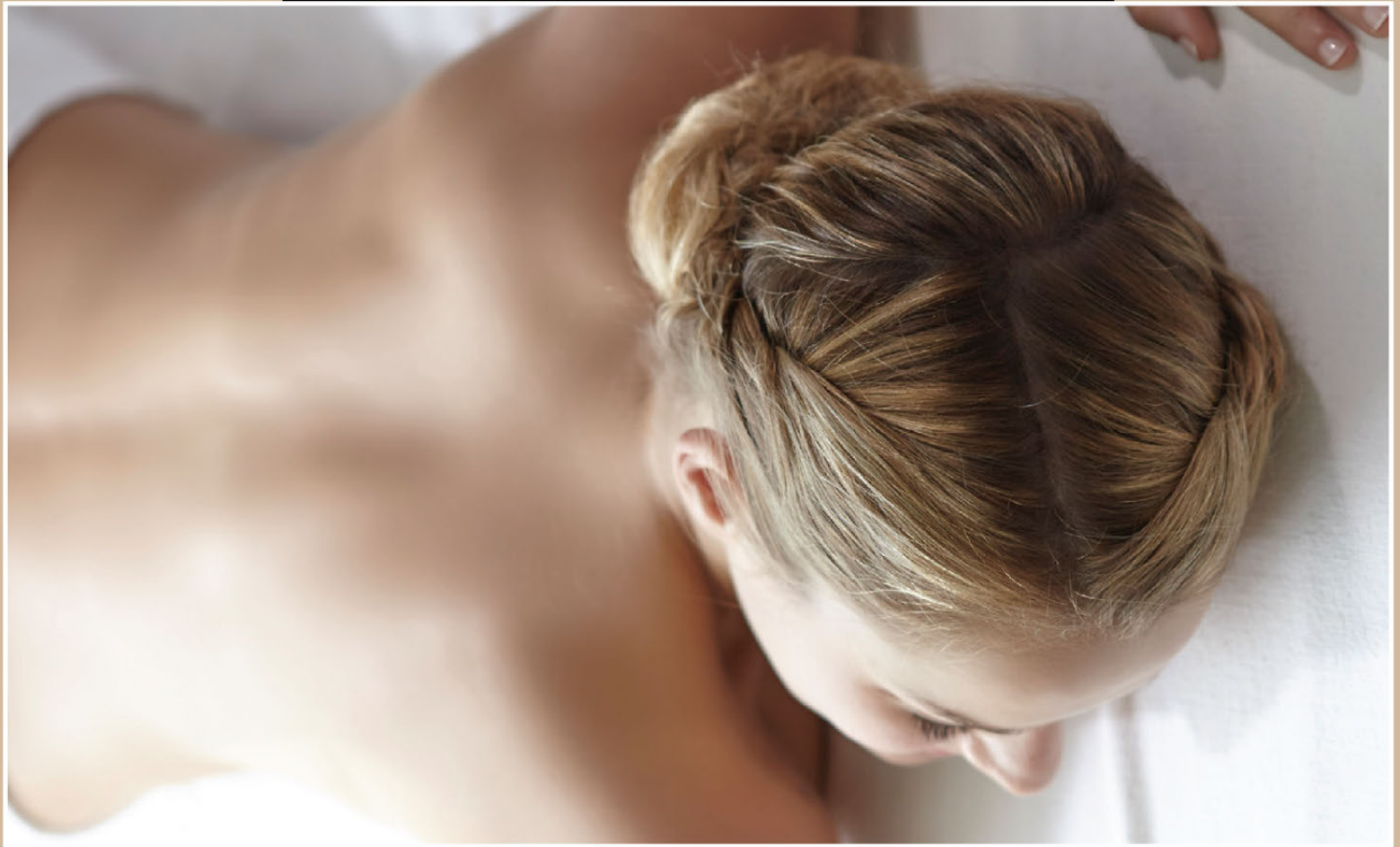
SATIN SHIMMER Salt Crystal Exfoliation - 40 min

An exfoliation with sea salt crystals combined with a relaxing body massage for an express beauty treatment that leaves your skin soft and silky.

MARINE BODY WRAP Full Body Wrap and Massage - 60 min

Choose the best, detox and invigorating full body wrap, followed by a relaxing body massage.

The ultimate treat for both body and mind.



MASSAGE THERAPIES

Massage Therapies

REFLEXOLOGY - 40 min

Reflexology is a therapeutic method of relieving stress by stimulating predefined pressure points on the feet. The benefits of a foot Reflexology Session are manifold - calmness and serenity, improved circulation, increased energy and balanced emotions among many others. It is appropriate for all ages as well as for a variety of ailments. Not only soothing to sore feet, it can benefit most other body aches and pains.

ANTI-CELLULITE MASSAGE - 40 min

Anti-Cellulite Massage is a specialized massage concentrating mainly on the area where cellulite or 'orange peel' skin is most prevalent on the body. The Anti-Cellulite massage stimulates the blood vessels in the skin. This clears out the lymph cells of the toxic fatty deposits, which cause the appearance of the 'orange peel' look.

MANUAL LYMPHATIC DRAINAGE TREATMENT - 50 min

This massage has detoxifying effects, releases fluid retention and restores uneven skin texture. It stimulates the lymphatic and circulatory systems, improves skin tone and subcutaneous tissues.

AROMATHERAPY FULL BODY - 60 min

Everyday stresses and strains disappear with our heavenly Aromatherapy Massage. The incredibly soothing sensation of the warm Aromatherapy oils, expertly blended from an exquisite elixir of warm natural essential oils, melts away tension, relaxes, detoxifies and tones for renewed energy and velvety skin.

AROMATHERAPY BACK BODY, NECK OR LEGS - 30 min

SWEDISH MASSAGE - 30 /60/ 90 min

This classical european massage involves long strokes and kneading on the surface muscles to relax the body, make it suppler, improves circulation and relieves aches and tension.



MASSAGE THERAPIES

Massage Therapies

DEEP TISSUE ENERGIZER MASSAGE - 60 min

Banishes tight muscles with deeply therapeutic massage techniques. Powerful, deep and strong rhythmic movements make this customized massage pure therapy for body and soul. Created to alleviate stress deep down and release the discomfort of aching muscles (whether through fatigue or stress). Oil actively works with your body to release localized areas of intense tension. Leaves your mind feeling less cluttered and muscles intensely relaxed.

AROMATHERAPY HOT STONE MASSAGE - 60/90 min

Heated stones relax away muscle tension and strains. The most blissful way to soothe body and mind. Your personalized sensorial journey relies on the therapist's intuitive touch in harmony with smooth, heat-releasing stones. Individually shaped, these magical stones help release tension, soothe aches and re-balance energy levels; The use of luxuriously melting aromatic oil ensures skin emerges soft as silk too.

INDIAN HEAD MASSAGE - 40 min

Indian head massage is based on the ayurvedic system of healing which has been practised in India for over a thousand years. The aim of Indian head massage is to release the stress that has accumulated in the tissues, muscles and joints of the head, face, neck and shoulder.

MOTHER TO BE MASSAGE - 60 min

The nurturing and rhythmic pregnancy massage addresses mind and body to promote balance and wellness for both mother and baby. It enhances the function of muscles and joints ,improves circulation and general body tone, relieves mental and physical fatigue.

AYANA SIGNATURE CANDLE MASSAGE - 60 min

Our luxurious warm candle massage is a unique treatment utilising handmade aroma candles made with deluxe essential oils. The Ayana Signature Candle massage is highly nourishing, giving deep skin hydration. This treatment combines both relaxing and energizing massage techniques, offers a soothing feeling and relieves tension, stiffness and pain. The techniques used to achieve a better blood circulation, leading to an enriched feeling of well-being.



SIGNATURE DELUXE PACKAGES

Unique Experience

Signature Deluxe Packages

SERENITY TOP - TO TOE - 90 min

Salt Crystal Exfoliation to revive your skin, followed by Aromatherapy Back & Neck Massage, finishing with our express Facial Treatment for a glowing skin.

AYANA SIGNATURE JOURNEY - 2.5 hrs

Escape to a superlative state of renewal and rejuvenation with your own customized journey. Release all your worries and give in to unrivaled rest as you begin this personalized experience by replenishing your skin with the Satin Shimmer Crystal Exfoliation, followed by Signature Candle Massage. Complete the journey with an Express Facial Treatment to uncover that glow within you.

REJUVENATION - 2 hrs

Melt all your cares and stresses away, during two hours of total relaxation. Unwind with an Swedish Full Body Massage and rejuvenate with the Cyfolia Face Treatment. Spend some quality time on yourself, look and feel your absolute best.

DETOX TO RELAX - 2.5 hrs

For the ultimate of luxurious purification, enjoy 2.5 hours of pure bliss. Start off with a Manual Lymphatic Drainage Treatment. Further reach total detoxification by eliminating toxins and cleansing your body during the Marine Body Wrap. Revitalize with an invigorating Spa Pedicure with Normal Nail Polish or Express Facial Treatment that cleanses, exfoliates and hydrates your skin for immediate results.

ROYAL COUPLE'S PACKAGE - 2.5 hrs

Bring your special someone to enjoy relaxation in a couples private suite, where your journey begins. This romantic treatment includes a Satin Shimmer, followed by Body Wrap and finishing with Aromatherapy Hot Stones Full Body Massage.

GLOW BEAUTY FACE TREATMENT - 1.5 hrs

Among the top face treatments of Phytomer, you may select the one that fits your skin type most! This is followed by the exquisite Eye Perfection Treatment, that helps in combating bags and dark circles, hydrates and improves the skin. For more effective results, the treatment is sealed with the LED Light Therapy Mask. The Mask improves a variety of skin imperfections and flaws such as acne, inflammation and hyper-pigmentation. It has been widely shown to improve both the visible appearance of skin aging and to furthermore slow the aging process on a cellular level.



NAILS & BEAUTY
Essential Spa Touches

Nails & Beauty

NAIL SERVICES

Express Polish Hands or Feet

- Normal Polish
- Shellac Polish

SPA MANICURE

A full manicure treatment, followed by an application of nail varnish of your choice.

- Normal Polish
- French Polish
- Shellac Polish

SPA MANICURE

A full pedicure treatment including a bubbling spa bath to soothe your tired feet, exfoliation, foot mask, and a soothing foot massage, followed by an application of the nail varnish of your choice.

- Normal Polish
- French Polish
- Shellac Polish

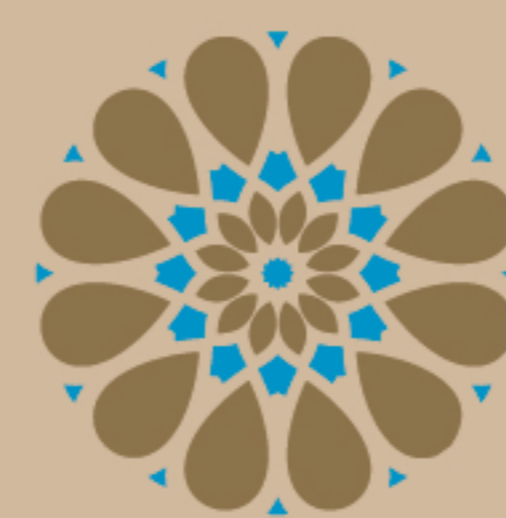
SPA WAXING/HAIR REMOVAL

- Legs - Half
- Legs - Full
- Top lip
- Under Arms
- Arms
- Back - Half
- Back - Full
- Chest
- Bikini
- Eyebrow

MAKE UP

- Make-Up
- Bridal Make-Up Package - Trials Included





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